Information on the Große Glockner Rundfahrt – Start Sterzing

1. The Track



From Deisenhofen we first cycle fairly flat to the Tegernsee and then through the beautiful Valepp up to the Spitzigsattel. After the rapid descent, we cycle along side roads to Bayrischzell, where we tackle the climb to Sudelfeld. Coming out of the Inn valley, the Praschberg/Neudorfer Berg is the most difficult climb with 13-15% over 5 km.

Now it becomes relatively easy until you reach the Grossglockner High Alpine Road via Kössen, St. Jakob, Hochfilzen and Zell am See. From Fusch the route climbs 17 km at 10% all the way up to the Edelweißspitze, the last 3 km of which are on historic cobblestones. Down and up again to the Hochtor and then we finally plunge down to Lienz, only the climb to the Iselsberg stands in the way. The Drau cycle path then takes us to Huben, where the Staller Sattel begins. The road winds through the beautiful Defregger valley and at the top we look forward to the red light, taking advantage of the time for a stop at the Gipfelstube.

Now we descend into the Pustertal valley, the traffic increases, but we turn onto the partly well gravelled Pista Ciclista. In Bruneck we take the Pustertaler Sonnenstraße to Terenten

and from there directly into the Eisacktal to Franzensfeste. Up to the Brenner Pass we follow almost exclusively the well-maintained cycle path and on the descent we turn off into the old Römerstaße in Matrei to escape the traffic. Down in the Inn valley, we climb to Gnadenwald and after a short descent we reach Jenbach, where the old Achensee road is already waiting for us with a final 15% gradient. Let's enjoy the Achensee and the alpine panorama once again, because we will soon reach our destination in Endlhausen just before Deisenhofen.



According to Openrunner (official calibration portal of the ACP for Superrandonnèes), the route has 613 km with 11,845 metres of altitude. Our Garmin showed a total of 616 km with 10,500 metres of altitude. Somewhere in between will be the truth.

2. start day and time

Only ride the Great Glockner Tour in good weather! The round trip goes through high alpine terrain, even in the summer months snowfalls are possible on the pass summits.

Although your registration is marked for a certain day and time, you have the possibility to postpone your start up to three days before the planned date.

Three days before your planned start, you must inform us of your start day and time by e-mail to zelldefinitiv.

3. drivability

Due to the winter closure of the Grossglockner High Alpine Road and the Staller Saddle, the Great Glockner Tour is only passable from approx. mid-June to the end of October.

Information about the passability of the passes can be found under:

https://www.adac.de/reise freizeit/verkehr/alpenstrassen/

2. tour planning

The Grossglockner High Alpine Road is closed in summer from the Ferleiten toll station between 8 p.m. and 5.30 a.m., this also applies to cyclists.

The Staller Sattel is only open for 15 minutes on the hour from the border with Italy, as the road is only passable in one lane. In the summer months there is no night closure.

It is advisable to spend at least one night before the Grossglockner High Alpine Road (e.g. in Fusch)) and sensibly a second in Italy, so that you can drive all the passes in daylight. An early start, e.g. in Fusch, also has the advantage that you can cross the Glockner with almost no car traffic.

Heavier traffic is to be expected above all in Lienz and in the Pustertal (Bruneck). Otherwise, the tour runs along side roads and cycle paths with little traffic.

3. starting point

Deisenhofen is about 10 km south of Munich city centre.

It is easy to reach by bike or with the S-Bahn line S3 in the direction of Holzkirchen or Deisenhofen.

There are plenty of parking spaces at the Deisenhofen S-Bahn station.

4. equipment

The climbs of the Great Glockner Tour are rarely over 10%.

The only exception is the climb Praschberg/Neudorfer Berg with 13 - 15% over 5 km.

A compact crank 50/34 with at least 28 teeth on the rear is therefore advisable.

Most of the passes are at over 2,000 metres, so warm clothing (warm jacket, leg warmers, gloves, helmet cap) should not be missing from any equipment.

Because of the long descent, be sure to pack spare brake pads.

Otherwise, please take the usual things with you:

- Safety vest
- lights
- 2 spare inner tubes
- tyre levers
- coat patches
- Tool kit
- Long spare cables for brakes and gears
- Spare chain link
- EC card
- Identity card
- Cash
- Ball pen

5. food

Everyone will find something to eat on the way during the day. If you climb the passes at night, be sure to stock up on food and drinks.

The supply situation is also excellent between the climbs.

2. the controls

At each checkpoint, a photo must be taken in which the subject described and the bicycle with frame number "Superrandonnèe" are clearly visible.

Please make sure that day and time are set to the correct time in the camera/mobile phone.

2.1 Start control Sterzing Neustadt, Zwölferturm

Photo with tower and clock



2.2 St. Peter km 41

Photo in front of "Ellbögener Bauernlädele" on the left, municipal office on the right.



2.3 Gnadenwald km 64

Photo in front of the municipal office



2.4 Achenkirch km 102

Photo in front of Bakery/Cafe Adler



2.5 Church Endlhausen, km 170

Photo in front of traffic sign at intersection with church clock



2.6 Spitzingsattel km 232

Photo in front of the hiking sign "Spitzingsattel At the top of the Spitzingsattel on the left side



2.7 Waller Alm km 257

Photo with parking sign "Waller Alm



2.8 Praschberg km 283

Photo of signpost at top after ascent to Praschber/Neudorfer Berg.



2.9 Hochfilzen km 334

Photo on platform Hochfilzen



2.10 Edelweißspitze km 400

Photo in front of sign "Welcome, Welcome Edelweißspitze" in front of viewing platform



2.11 Staller Sattel km 516

Photo of the pass sign with bike (sign is just after the traffic light, already a bit in the descent)



2.12 Terenten km 565

Photo in front of sign "Partnergemeinden Edermünden - Terenten", shortly before Cafe Sonne



2.13 Finish: Sterzing Neustadt, Zwöferturm

Photo with tower and clock



3 After the Brevet

Send the completed and signed brevet card by post (you will have received a pre-labelled envelope together with the brevet passport and frame number) to:

Jörg Kurzke

Dreimühlenstr. 7

D-80469 München

Germany

Upload all control photos to a cloud storage (Weetransfer, Dropbox, Google Photo, Onedrive etc) and send the link to:

Info.aramuc@gmail.com

After the homologation you will receive the brevet pass with the homologation number back towards the end of the year.